

# Help prevent sexual abuse



Social change is rooted in education.

Crisis Intervention Service is committed to creating a world without sexual abuse by partnering with professionals who care about ending this type of violence in their communities.



We offer prevention education for all ages in the following counties:

Butler, Cerro Gordo, Floyd, Franklin, Grundy, Hamilton, Hancock, Hardin, Humboldt, Kossuth, Mitchell, Webster, Winnebago, Worth and Wright

Call the sexual assault program supervisor at **641-424-9071** for more information and to find the prevention specialist in your area.

Crisis Intervention Service  
PO Box 656  
Mason City, IA 50402-0656

Find us on:



# Abuse prevention starts with education



**Sexual abuse prevention education offered by:**



Crisis Intervention Service

Serving north central Iowa  
[www.cishelps.org](http://www.cishelps.org)

# Research-based curricula for all ages

Our prevention staff consists of certified sexual abuse advocates who are specially trained in the various prevention curricula, and programming is customized to fit every environment and schedule. **All prevention programs are offered at no cost to our community partners.**



Programming to strengthen relationships between youth and supportive adults:

**BullyProof®:** A school program for kids and teens that teaches nonviolent conflict resolution skills.

**Care for Kids®:** A body safety curriculum appropriately customized for grades K-6.

**Coaching Boys into Men®:** Specifically designed for coaches to help their athletes build respectful, non-violent relationships by incorporating short, easy lessons into regular coaching sessions.

**Safe Dates®:** An adolescent dating abuse prevention program

**Stewards of Children (Darkness to Light)®:** An award-winning program that teaches adults to prevent, recognize, and react responsibly to child sexual abuse.

Programming to improve organizational policies or practices

We can work with your school, business or organization to:

- Develop, review or enhance policies. Our staff has been extensively trained in **Campus Sexual Violence Elimination Act** (Campus SaVE Act) compliance.
- Create, distribute & evaluate a cultural survey.
- Educate and protect you from sexual harassment claims.



Programming to increase capacity of community professionals



We can train and mentor your staff to increase their capacity to implement prevention programming and activities. We can provide professional development on topics ranging from **Sexual Assault 101, Bystander Intervention to Consent.**

Programming to promote social norms, policies and laws that support sexual freedom, rights and healthy relationships

Follow us on Facebook, Twitter and Pinterest to stay connected with the latest information on all things related to prevention and service.



Volunteer for CIS and get involved in creating meaningful change in your community. For more information, call our volunteer coordinator at 641-423-0490 or visit [www.cishelps.org](http://www.cishelps.org).

## OUR VISION

Crisis Intervention Service promotes a society **free** from **violence** and **oppression** through **social change**, effective **community partnerships** and **awareness**.



## OUR MISSION

The mission of Crisis Intervention Service is to provide persons affected by **domestic violence, sexual assault and homicide** with professional, confidential, 24-hour services including safety and support and to **prevent violence in our communities through education.**